

Waltz - 3/4, 28~30 bpm - Level 2 Sequence for Man

1.1 Nat. Turn	2	↖	↘	
1.2 RF Closed Change	1	↘	↘	RfLsfRc
1.3 Open Telemark & X Hes. (Lady Heel Turn @ 2)	19	↘	↖	LfRSLsfp- RfpLcnwLcnw
1.4 UnderTurn Out Spin 1/4R	23	↖	↗	LbRfLsb
1.5 Turning Lock to L	24	↗	↖	1&23-±
1.6 1-3 Nat. Turn	2R	↖	>	123
1.7 Open Imp. & Wing @Cnr (Man Heel Turn @ 2)	22	>	↖↘	LbRcLdfp- RfpLcnwLcnw End DC LOD @Side

↖↘ 22 - >2R - ↖ 24 - ↗23 - ↖ 19 - ↘ 1 - ↘ 2 ↖

2.1 Whisk (Man 1/8+1/8 End DC) (Lady no Turn)	5	↖	↘	LfRdfLxbp
2.2 Weave from PP	17	↘	↖	123-456-7 RfxpLfRsb- LbRbLsf-Rf
2.3 Hes. Change @ Cnr (Man Heel Pull @ 5)	8	↖	↖↘	123-456 End DW new LOD

↖↘ 8 - ↖ 17 - ↘ 5 - ↖ 22

3.1 LF Closed Change	1	↖	↖	LfRsfLc
3.2 1-3 Nat. Turn	2R	↖	>	
3.3 Open Imp. & X Hes. (Man Heel Turn @ 2)	21	>	↘	LbRcLdfp- RfpLcnwLcnw
3.4 Closed Telemark (Lady Heel Turn @ 2)	18	↘	↖	123-& LfRSLsf-Rf
3.5 Hes. Change (Man Heel Pull @ 5)	8R	↖	↘	123-456
3.6 Open Tel. & Wing @Cnr (Lady Heel Turn @ 2)	20	↘	↖↘	LfRSLsbp- RfxpLcnwLcnw End DW new LOD

↖↘ 20 - ↘ 8R - ↖ 18 - ↘ 21 - >2R - ↖ 1 - ↖ 8

4.1 Whisk	5R	↖	↖	LfRsfLxbp
4.2 2x Chasse from PP	6	↖	↖	
4.3 Nat. Turn @ Cnr	2R	↖	↖↘	End DW new LOD

↖↘ 2R - ↖ 2x 6 - ↖ 5R - ↖ 20

5.1 Goto 1.1  
... - ↘ 2 - ↖ 2R

**Foxtrot - 4/4, 28~30 bpm - Level 2 Sequence for Man**

1.1 Prep Step (Men LF Fwd)	0	↙	↖	S
1.2 Feather Step	1	↙	↙	SQQ\$
1.3 Closed Telemark	9	↙	↖	SQQ\$
1.4 Nat. Telemark	14	↖	↙	SQQ-QQ\$
1.5 Rev. Turn + FF	4	↙	↖	SQQ SQQ\$
1.6 Hover Telemark to PP	13p	↖	↙	SQQ\$
1.7 <b>Feather Ending @ Cnr</b>	1fe	↙	↖↙	SQQ\$
↖↙ <u>1fe</u> - ↙ <u>13p</u> - ↖ <u>4</u> - ↙ <u>14</u> - ↖ <u>9</u> - ↙ <u>1</u> - ↙ <u>0</u> ↖				End DW new LOD
2.1 Ch. of Dir. 1/4 to L	7	↖	↖	SS\$
2.2 <b>1-8 Rev. Weave @Cnr</b> (Heel Pull)	19	↙	↖↙	SQQ-SQQ-SS End DC new LOD
↖↙ <u>19</u> - ↙ <u>7</u> - ↖ <u>1fe</u>				
3.1 Hover Feather	12	↙	↙	QQ\$
3.2 Open Telemark, Nat Turn, 16 Outside Swivel & Feather End	16	↙	↙	SQQ-SQQ-S-SQQ\$
3.3 Rev. Turn + FF	4R	↙	↖	SQQ SQQS
3.4 Three Step	2	↖	↖	QQ\$
3.5 <b>Hover Cross @Cnr</b>	15	↖	↖↙	SQQ-QQ-QQ\$
↖↙ <u>15</u> - ↖ <u>2</u> - ↖ <u>4R</u> - ↙ <u>16</u> - ↙ <u>12</u> - ↙ <u>19</u>				End DC new LOD
4.1 Open T. & Feather End	10	↙	↖	SQQ-SQQ\$
4.2 <b>Hover Telemark @Cnr</b>	13	↖	↖↙	SQQ\$
↖↙ <u>13</u> - ↖ <u>10</u> - ↙ <u>15</u>				End DW new LOD
5.1 <b>1-3 Nat. Turn</b>	3	↖	>	SQQ
5.2 Open Impetus	17	>	↙	SQQ\$
5.3 Weave from PP	18	↙	↖	SQQ-QQ-QQ\$
5.4 Ch. of Dir. 1/4 to L	7R	↖	↙	SS\$
5.5 Feather Step	1R	↙	↙	SQQ\$
5.6 <b>1-6 Rev. Turn</b>	4R	↙	↖	SQQ SQQ
5.7 <b>Top Spin to L @Cnr</b>	11	↖	↖↙	QQQQ\$ End DC new LOD
↖↙ <u>11</u> - ↖ <u>4R</u> - ↙ <u>1R</u> - ↙ <u>7R</u> - ↖ <u>18</u> - ↙ <u>17</u> - > <u>3</u> - ↖ <u>13</u>				
6.1 <b>Rev. Weave @Cnr (Heel Pull)</b>	19R	↙	↖↙	SQQ-SQQ-SS\$ End DC new LOD
↖↙ <u>19R</u> - ↖ <u>11</u>				
7.1 Goto 1.2				
... - ↙ <u>1</u> - ↙ <u>19R</u>				

**Quickstep - 4/4, 50~52 bpm - Level 2 Sequence for Man**

1.1 QT to R	1	↖ ↗	SQQ <del>S</del>
1.2 V6 Overturn (End LOD)	21	↗ <	SQQS-SQQS
1.3 Quick Open Reverse	17	< >	SQQ <del>S</del>
1.4 Prog Chas 3/8 @Cnr	6	> ↖	SQQSS
↖ ↖ 6 - > 17 - < 21 - ↗ 1 ↖ ↗			End Bk DC new LOD
2.1 LF Back (Lady RF Fwd OP)	0	↗ ↖	S
2.2 Four Quick Run	20	> ↖	SQQQQ-S <del>S</del>
2.3 Nat. Turn @Cnr	2	↖ ↙	SQQ SSS
↙ 2 - ↖ 20 - > 0 - ↗ 6 ↖ ↗			End DW new LOD
3.1 QT to R	1R	↖ ↗	SQQS
3.2 Rev. Piv 1/2	11	↗ ↙	<del>S</del>
3.3 Closed Telemark	22	↙ ↖	SQQ <del>S</del>
3.4 Nat. Turn @Cnr	2R	↖ ↙	SQQ SSS
↙ 2R - ↖ 22 - ↙ 11 - ↗ 1R - ↖ 2 ↖ ↗			End DW new LOD
4.1 Running R Turn (End DC)	19c	↖ ↙	SQQ-SSS-SQQS <del>S</del>
4.2 Fishtail	18	↙ ↖	SQQQQ-S <del>S</del>
4.3 1-3 Nat. Turn @Cnr	2R	↖ ↙	SQQ SSS
↙ 2R - ↖ 18 - ↙ 19d - ↖ 2R ↖ ↗			End DW new LOD
5.1 Goto 1.1			
... - ↗ 1 - ↖ 2R ↖ ↗			

**Tango - 2/4, 31~33 bpm - Level 2 Sequence for Man**

1.1 Prog. Link	3	↖	↖	QQ
1.2 Prom. Link	14	↖	^	SQQ
1.3 Four Step	15	^	↖	QQQQ
1.4 Back Open Prom.	16	↖	↙	SQQS
1.5 Rev. Outside Swival	17c	↙	^	QQS-QQ
1.6 <b>Back Corte @Cnr</b>	7	^	↖↙	SQQS End DW new LOD

↖↙ 7 - ^17c - u16 - ↖15 - ^14 - ↖3 ↖

2.1 Prog. Link	3R	↖	↖	QQ
2.2 Fallaway Prom (End PP)	18	↖	^	SQQ-SQQ
2.3 Open Prom.	10	↖	↖	SQQS
2.4 Outside Swival	17a	↖	↖	SQQ
2.5 <b>Back Corte @Cnr</b>	7R	↖	↖↙	SQQS End DW new LOD

↖↙ 7R - ↖17a - ↖10 - ^18 - ↖3R - ↖7

3.1 Prog. Link	3R	↖	↖	QQ
3.2 Open Prom.	10R	↖	↖	SQQS
3.3 Outside Swival	17b	↖	↙	SQQ
3.4 Open Rev T, Lady <b>Out</b>	6	↙	↖	QQS QQS
3.5 <b>4 Step Change @Cnr</b>	19	↖	↖↙	QQQQ End DW new LOD

↖↙ 19 - ↖6 - ↙17b - ↙10R - ↖3R - ↖7R

4.1 Prog. Link	3R	↖	↖	QQ
4.2 Prom. Link	14R	↖	^	SQQ
4.3 Brush Tap	20	↖	<	QQ&S
4.4 <b>LF Fwd Walk (Lady RF Bwd)</b>	0	<	<	<b>S</b>
4.5 <b>RF Fwd Walk (Lady LF Bwd)</b>	0	<	↙	<b>S</b>
4.6 Open Rev T, Lady <b>In</b>	8	↙	↖	QQS QQS
4.7 <b>Back Corte @Cnr</b>	7R	↖	↖↙	SQQS End DW new LOD

↖↙ 7R - ↖8 - ↙0 - <0 - <20 - ^14R - ↖3R - ↖19

5.1 Goto 1.1  
 ... - ↖3 - ↖7R

**Viennese Waltz - 3/4, 58~60 bpm - Level 2 Sequence for Man**

- 1.1 **R2N** LF Fwd Cl. Change ¼ L 3lf ↖ ↗ ↘ L<sub>f</sub>R<sub>d</sub>fL<sub>c</sub>
- 1.2 2x Nat. Turn ½ R-½ R 1 ↘ ^ ↗ ↗ ↘ ↘ 123-456
- 1.3 **N2R** RF Fwd Cl. Change ¼ R 3rf ↘ ↖ R<sub>f</sub>L<sub>d</sub>fR<sub>c</sub>
- 1.4 Rev. Turn ½ L-½ L 2 ↖ ↘ ↘ ↖ ↖ 123-456

... - ↘ 3lf - ↖ 2 - ↖ 3rf - ↘ 1 - ↘ 3lf ↖ ↗

- 2.1** 1-3 Rev. Turn ½ L 2R ↖ ↘ 123
  - R2N** RF Bwd Cl. Change ¼ L 4rb ↘ ↗ R<sub>b</sub>L<sub>d</sub>bR<sub>c</sub>
  - 4-6 Nat. Turn ½ R 1R ↗ ↘ 456
  - + Nat. Turn ½ R-½ R 1 ↘ ^ ↗ ↗ ↘ ↘ 123-456
- 2.2** 1-3 Nat. Turn ½ R 1R ↘ ↗ 123
  - N2R** LF Bwd Cl. Change ¼ R 4lb ↗ ↘ L<sub>b</sub>R<sub>d</sub>bL<sub>c</sub>
  - 4-6 Rev. Turn ½ L 2R ↘ ↖ 456

↖ ... - ↖ 4-6 2R - ↘ 4lb - ↗ 1-3 1R - ↘ 4-6 1R - ↗ 4rb - ↘ 1-3 2R ↖ - ...

3.1 Goto 1.1

Notes

- Column 1 - Step
- Column 2 - Figure Name
- Column 3 - Number associated with the Figure Name (R for Repeat)
- Column 4 - Commencing Alignment (↖ DW, ↘ DC, ↘ DC ALOD, ↗ DW ALOD)
- Column 5 - Ending Alignment
- Column 6 - Count
- Column 7 - Foot Position