

**Waltz - 3/4, 28~30 bpm -
Figures**

Level 0

- 1 LF & RF Closed Changes
- 2 Nat. Turn
- 3 Rev. Turn
- 4 Nat. Spin Turn
- 5 Whisk
- 6 Chasse from PP

Level 1

- 7 Closed Impetus
- 8 Hesitation Change
- 9 Outside Change
- 10 Rev. Corte
- 11 Back Whisk
- 12 Basic Weave
- 13 Double Rev. Spin
- 14 Rev. Pivot
- 15 Back Lock
- 16 Progressive Chasse to R

Level 2

- 17 Weave from PP
- 18 Closed Telemark
- 19 Open Telemark & Cross
Hesitation
- 20 Open Telemark & Wing
- 21 Open Impetus & Cross
Hesitation
- 22 Open Impetus & Wing
- 23 Outside Spin
- 24 Turning Lock

Level 3

- 25 Left Whisk
- 26 Contra Check
- 27 Closed Wing
- 28 Turning Lock to R
- 29 Fallaway Rev. & Slip Pivot
- 30 Hover Corte

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**Foxtrot - 4/4, 28~30 bpm -
Figures**

Level 0

- 1 Feather Step
- 2 Three Step
- 3 Nat. Turn
- 4 Rev. Turn + FF
- 5 Closed Imp. & Feather Finish

Level 1

- 6 Natural Weave
- 7 Change of Direction
- 8 Basic Weave

Level 2

- 9 Closed Telemark
- 10 Open Telemark & Feather
Ending
- 11 Top Spin
- 12 Hover Feather
- 13 Hover Telemark
- 14 Natural Telemark
- 15 Hover Cross
- 16 Open Telemark, Nat. Turn,
Outside Swivel & Feather
Ending
- 17 Open Impetus
- 18 Weave from PP
- 19 Rev. Wave

Level 3

- 20 Nat. Twist Turn
- 21 Curled Feather to Back
Feather
- 22 Nat. Zig-Zag from PP
- 23 Fallaway Rev. & Slip Pivot
- 24 Nat. Hover Telemark
- 25 Bounce Fallaway with Weave
Ending

**Quickstep - 4/4, 50~52 bpm -
Figures**

Level 0

- 1 QT to R & L
- 2 Nat. Turn
- 3 Nat. Turn with Hesitation
- 4 Nat. Pivot Turn
- 5 Nat. Spin Turn
- 6 Progressive Chasse
- 7 Chas Rev. Turn
- 8 Fwd Lock

Level 1

- 9 Closed Impetus
- 10 Back Lock
- 11 Rev. Pivot
- 12 Progressive Chasse to R
- 13 Tipple Chasse to R
- 14 Running Finish
- 15 Nat. Turn & Back Lock
- 16 Double Rev. Spin

Level 2

- 17 Quick Open Reverse
- 18 Fishtail
- 19 Running Right Turn
- 20 Four Quick Run
- 21 V6
- 22 Closed Telemark

Level 3

- 23 Cross Swivel
- 24 Six Quick Run
- 25 Rumba Cross
- 26 Topsy to R & L
- 27 Hover Corte

**Tango - 2/4, 31~33 bpm -
Figures**

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Level 0

- 1 Open Finish
- 2 Progressive Side Step
- 3 Progressive Link
- 4 Closed Promenade
- 5 Rock Turn (Rock + Bk Corte)
- 6 Open Rev. Turn, Lady Outside
- 7 Back Corte

Level 1

- 8 Open Rev. Turn, Lady in Line
- 9 Progressive Side Step Rev.
Turn
- 10 Open Promenade
- 11 LF & RF Rocks
- 12 Nat. Twist Turn
- 13 Nat. Promenade Turn

Level 2

- 14 Promenade Link
- 15 Four Step
- 16 Back Open Promenade
- 17 Outside Swivels
- 18 Fallaway Promenade
- 19 Four Step Change
- 20 Brush Tap

Level 3

- 21 Fallaway Four Step
- 22 Oversway
- 23 Basic Rev. Turn
- 24 The Chase
- 25 Fallaway Reverse & Slip
Pivot
- 26 Five Step
- 27 Contra Check