

**Cha Cha - 4/4, 30~32 bpm - Level 0 Sequence for Man**

1.1 Closed Basic	1c	L <sub>f</sub> R L <sub>S</sub> R <sub>C</sub> L <sub>S</sub> -R <sub>b</sub> L R <sub>S</sub> L <sub>C</sub> R <sub>S</sub>
1.2 New York To LSP & RSP	2	L <sub>f</sub> R L <sub>S</sub> R <sub>C</sub> L <sub>S</sub> -R <sub>f</sub> L R <sub>S</sub> L <sub>C</sub> R <sub>S</sub>
1.3 Spot Turn To R & L	3	L <sub>f</sub> R L <sub>S</sub> R <sub>C</sub> L <sub>S</sub> -R <sub>f</sub> L R <sub>S</sub> L <sub>C</sub> R <sub>S</sub>
1.4 Hand 2 Hand RSP & LSP	5	L <sub>b</sub> R L <sub>S</sub> R <sub>C</sub> L <sub>S</sub> -R <sub>b</sub> L R <sub>S</sub> L <sub>C</sub> R <sub>S</sub>
1.5 Closed Basic	1cR	L <sub>f</sub> R L <sub>S</sub> R <sub>C</sub> L <sub>S</sub> -R <sub>b</sub> L R <sub>S</sub> L <sub>C</sub> R <sub>S</sub>

1c C. Basic -> 2 New York -> 3 Spot Turn -> 5 Hand 2 Hand -> 1c C. Basic

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2.1 L & R Shoulder 2 Sho.	4	L <sub>f</sub> R L <sub>S</sub> R <sub>C</sub> L <sub>S</sub> -R <sub>f</sub> L R <sub>S</sub> L <sub>C</sub> R <sub>S</sub>
2.2 LF Time Steps (Guapacha)	9	L <sub>b</sub> X <sub>R</sub> L <sub>S</sub> R <sub>C</sub> L <sub>S</sub> (Hold 2, L <sub>b</sub> X a, R 3)
2.3 L Side Steps (Lady LF)	7	R <sub>C</sub> L <sub>S</sub> R <sub>C</sub> L <sub>S</sub> R <sub>C</sub> - L <sub>S</sub> R <sub>C</sub> L <sub>S</sub> R <sub>C</sub> L <sub>S</sub>
2.4 RF Time Steps (Guapacha)	9	R <sub>b</sub> X <sub>L</sub> R <sub>S</sub> L <sub>C</sub> R <sub>S</sub> (Hold 2, R <sub>b</sub> X a, L 3)
2.5 R Side Steps (Lady RF)	7	L <sub>C</sub> R <sub>S</sub> L <sub>C</sub> R <sub>S</sub> L <sub>C</sub> - R <sub>S</sub> L <sub>C</sub> R <sub>S</sub> L <sub>C</sub> R <sub>S</sub>
2.6 There & Back	8	L <sub>C</sub> R L <sub>b</sub> R <sub>b</sub> L <sub>b</sub> -R <sub>b</sub> L R <sub>f</sub> L <sub>f</sub> R <sub>f</sub>
2.7 Closed Basic In Place	1p	L <sub>C</sub> R LRL-R <sub>C</sub> L RLR

4 Sh 2 Sh -> 9 LF Time Steps -> 7 L Side Steps -> 9 RF Time Steps -> 7 R Side Steps -> 8 There & Back -> 1p Closed Basic In Place

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3.1 1-2 Open Basic	1o	L <sub>f</sub> R
3.2 3 Cha Cha Bk Walks	6	L <sub>b</sub> R <sub>1</sub> L <sub>b</sub> -R <sub>b</sub> L <sub>1</sub> R <sub>b</sub> -L <sub>b</sub> R <sub>1</sub> L <sub>b</sub>
3.3 6-7 Open Basic	1o	R <sub>b</sub> L
3.4 3 Cha Cha Fwd Walks	6	R <sub>f</sub> L <sub>1</sub> R <sub>f</sub> -L <sub>f</sub> R <sub>1</sub> L <sub>f</sub> -R <sub>f</sub> L <sub>1</sub> R <sub>f</sub>
3.5 1-5 Closed Basic	1cR	L <sub>f</sub> R L <sub>S</sub> R <sub>C</sub> L <sub>S</sub>

10 Fan -> 11 Alemana -> 15 Closed Hip Twist -> 12 Hockey Stick -> 1o 1-2 Open Basic -> 6 3 Cha Cha Bk Walks -> 1o 6-7 Open Basic -> 6 3 Cha Cha Fwd Walks -> 1c 1-5 Closed Basic

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4.1 Lady Underarm R Turn	3u	R <sub>b</sub> L R <sub>S</sub> L <sub>C</sub> R <sub>S</sub> (Men: 6-10 C. Bas.)
4.2 Lady Underarm L Turn	3u	L <sub>f</sub> R L <sub>S</sub> R <sub>C</sub> L <sub>S</sub> (Men: 1-5 C. Bas.)
4.3 6-10 Closed Basic	1cR	R <sub>b</sub> L R <sub>S</sub> L <sub>C</sub> R <sub>S</sub>

3u Underarm Turn To R --> 3u Underarm Turn To L -> 1cR 6-10 C. Basic

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5.1 Goto 1.1

## Rumba - 4/4, 25~27 bpm - Level 0 Sequence for Man

1.1 Closed Basic	1c	L <sub>f</sub> RL <sub>S</sub> -R <sub>b</sub> LR <sub>S</sub>
1.2 New York To LSP & RSP	3	L <sub>f</sub> RL <sub>S</sub> -R <sub>f</sub> LR <sub>S</sub>
1.3 Spot Turn To R & L	4	L <sub>f</sub> RL <sub>f</sub> -R <sub>f</sub> LR <sub>f</sub>
1.4 Hand 2 Hand RSP & LSP	6	L <sub>b</sub> RL <sub>S</sub> -R <sub>b</sub> LR <sub>S</sub>
1.5 LF & RF Alt Close Basic 1a		L <sub>C</sub> RL <sub>S</sub> -R <sub>C</sub> LR <sub>S</sub>

1c C. Basic -> 3 New York -> 4 Spot Turn -> 6 Hand 2 Hand -> 1a Alt. C. Basic

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2.1 L & R Shoulder 2 Sho.	5	L <sub>f</sub> RL <sub>S</sub> -R <sub>f</sub> LR <sub>S</sub>
2.2 L & R Cuban Rock	9	LRL-RLR
2.3 L Side Steps (Lady RF)	8	L <sub>S</sub> R <sub>C</sub> L <sub>S</sub> -R <sub>C</sub> L <sub>S</sub> R <sub>C</sub> (Brush LF 2 R)
2.4 L Curcaraches	2	L <sub>S</sub> RL <sub>C</sub>
2.5 R Side Steps (Lady LF)	8	R <sub>S</sub> L <sub>C</sub> R <sub>S</sub> -L <sub>C</sub> R <sub>S</sub> L <sub>C</sub>
2.6 R Curcaraches	2	R <sub>S</sub> LR <sub>C</sub>
2.7 Closed Basic In Place	1p	L <sub>C</sub> RL-R <sub>C</sub> LR

5 Sh 2 Sh -> 9 Cuban Rock -> 8 L Side Steps -> 2 L Cur -> 8 R Side Steps -> 2 R Cur -> 1p Closed Basic In Place

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3.6 1-3 Open Basic	1o	L <sub>f</sub> RL <sub>b</sub>
3.7 6 Prog. Bk Walks	7	R <sub>b</sub> L <sub>b</sub> R <sub>b</sub> -L <sub>b</sub> R <sub>b</sub> L <sub>b</sub>
3.8 4-6 Open Basic	1o	R <sub>b</sub> LR <sub>f</sub>
3.9 6 Prog. Fwd Walks	7	L <sub>f</sub> R <sub>f</sub> L <sub>f</sub> -R <sub>f</sub> L <sub>f</sub> R <sub>f</sub>
3.10 1-3 Closed Basic	1cR	L <sub>f</sub> RL <sub>S</sub>

10 Fan -> 11 Alemana -> 14 Opening Out To R & L -> 16 Closed Hip Twist -> 12 Hockey Stick -> 1o 1-3 Open Basic -> 7 6 Prog Bk Walk -> 1o 4-6 Open Basic -> 7 6 Pro. Fwd Walk -> 1cR 1-3 Closed Basic

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4.1 Lady Underarm R Turn	✓ 4u	R <sub>b</sub> LR <sub>S</sub> (Men: 4-6 C. Bas.)
4.2 Lady Underarm L Turn	✓ 4u	L <sub>C</sub> RL <sub>S</sub> (Men: LF Alt. Bas.)
4.3 4-6 Closed Basic	1cR	R <sub>b</sub> LR <sub>S</sub>

4u Underarm Turn To R --> 4u Underarm Turn To L -> 1cR C. Basic

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5.1 Goto 1.1

**Paso Doble - 2/4, 60~62 bpm - Level 0 Sequence for Man**

1.1 Chasse to L (Lady to R) (1 Down 1 Up)	3L	^ ^	1234	$R_aL_sR_cL_s$
1.2 Close RF + 3 Sur Place	1	^ ^	5678	$R_c-LRL$
-----				
2.1 Ecart (Fallaway Whisk)	8	^ √	1234	$R_aL_fR_{sb}fallL_{b}fall$
2.2 Prom. Close + 2 Sur Place	6c	√ <	5678	$R_{fp}L_cRL$
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3.1 Separation + Lady Cape	10	< <	1-16	$R_aL_fR_cL-RLRL$ $RLRLRL-R_sL_c$
4.1 Prom. Link	6	< v	1234	$R_aL_{sp}R_{fp}L_c$
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5.1 Chasse to R (Lady to L) (2 Down 2 Up)	3r	v v	1234	$R_sL_cR_sL_c$
5.2 4 Sur Place 1/4R (Man End LOD)	1R	v <	5678	RLRL
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6.1 Deplacement	5	< v	1234	$R_fL_fR_sL_c$
6.2 4 Sur Place 1/4R (Man End LOD)	1R	v <	5678	RLRL
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7.1 Separation	9	< <	1-8	$R_aL_fR_cL-RLRL$
8.1 4 Sur Place 1/4R (Man End FW)	1R	< ^	1234	RLRL
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9.1 Promenade	7	^ v	1-8	$R_aL_{sp}R_{fp}L_{sb}-R_bL_bR_sL_c$
10.1 Basic Move 1/2R (Man End FW)	2	v ^	1-8	RLRLRLRL
11.1 Drag	4	^ ^	1234	$R_sLLL_cw$
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12.1 2 Sur Place Hug + 2 Rest	1R	^ ^	1234	RL--
=== 1 <sup>st</sup> Highlight Ends Here ===				
13.1 Chasse to L end PP (1 Down 1 Up)	3Lp	^ √	1234	$R_aL_sR_cL_{sp}$
13.2 Prom. Close + 2 Sur Place	6cR	√ <	5678	$R_{fp}L_cRL$
-----				
14.1 Prom. Link (b)	6b	< √	1234	$R_aL_{sp}R_{fp}L_c$
14.2 4 Sur Place	1R	√ <	5678	RLRL
14.3 2 Sur Place	1R	< <	9-10	RL
-----				
15.1 Separation	9R	< <	1-8	$R_aL_fR_cL-RLRL$
15.2 6 Sur Place	1R	< <	1-6	RLRLRL
-----				
16.1 Prom. Link (a)	6a	< <	1234	$R_aL_{sp}R_{fp}L_c$
17.1 Chasse to R (Lady to L) (2 Down 2 Up)	3rR	v v	5678	$R_sL_cR_sL_c$
17.2 4 Sur Place 1/4R (Man End LOD)	1R	v <	1234	RLRL
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18.1 Displacement 5R < v 1234 R<sub>f</sub>L<sub>f</sub>R<sub>S</sub>L<sub>C</sub>  
 18.2 4 Sur Place 1/4R (Man End LOD) 1R v < 5678 RLRL  
 -----  
 19.1 Separation 9R < < 1-8 R<sub>a</sub>L<sub>f</sub>R<sub>C</sub>L-RLRL  
 20.1 4 Sur Place 1/4R (Man End FW) 1R < ^ 1234 RLRL  
~~21.1 Promenade 7 ^ v 1-8 R<sub>a</sub>L<sub>sp</sub>R<sub>fp</sub>L<sub>sb</sub>R<sub>b</sub>L<sub>se</sub>~~  
~~22.1 Basic Move 1/2R (Man End FW) 2 v ^ 1-8 RLRLRLRL~~  
 23.1 Drag 4R ^ ^ 1234 R<sub>S</sub>LLL<sub>CW</sub>  
 23.2 Hold Drag @5 + 1 Rest - ^ ^ 56 LL  
 === 2<sup>nd</sup> Highlight Ends Here ===  
 24.1 Goto 1.1 Chasse to L ^ ^  
       :  
       :  
       9.1 Promenade ^ v  
  
~~25.1 1-4 Basic Move 2R v v 1-4 RLRL~~  
 26.1 5 Sur Place 1/2R (Man End FW) 1R v ^ 1-5 RLRLR  
 27.1 Syn. Chasse to R 4s ^ ^ 12&34L<sub>f</sub>-R<sub>S</sub>L<sub>C</sub>R<sub>S</sub>L<sub>C</sub>  
 27.2 Chasse to R (Hug @8) 4 ^ ^ 5678R<sub>S</sub>L<sub>C</sub>R<sub>S</sub>L<sub>C</sub>  
 === 3<sup>rd</sup> Highlight Ends Here ==

**Jive - 4/4, 42~44 bpm - Level 0 Sequence for Man**

1.1 Fallaway Rock	2	^ c ^ c	LfallR-L <sub>S</sub> R <sub>C</sub> L <sub>S</sub> -R <sub>S</sub> L <sub>C</sub> R <sub>S</sub>
1.2 Basic in Place	1	^ c ^ c	L <sub>C</sub> R-L <sub>S</sub> R <sub>C</sub> L <sub>S</sub> -R <sub>S</sub> L <sub>C</sub> R <sub>S</sub>
1.3 Change of Place R to L	5	^ c < o	LfallR-L <sub>f</sub> R <sub>C</sub> L <sub>f</sub> -R <sub>S</sub> L <sub>C</sub> R <sub>S</sub>
1.4 Change of Place L to R	6	< o ^ o	L <sub>b</sub> R-LRL-R <sub>f</sub> L <sub>C</sub> R <sub>f</sub>
1.5 Change of Hands Behind	7	^ o v o	L <sub>b</sub> R-L <sub>f</sub> R <sub>C</sub> L <sub>f</sub> -R <sub>t</sub> L <sub>t</sub> R <sub>t</sub>
1.6 Change of Hands Behind	7R	v o ^ o	L <sub>b</sub> R-L <sub>f</sub> R <sub>C</sub> L <sub>f</sub> -R <sub>t</sub> L <sub>t</sub> R <sub>t</sub>

1 Fallaway Rock -> 2 Basic in Place -> 5 Change Place R to L  
-> 6 Change Place L to R -> 7 Change Hands Behind -> 7R Change  
Hands Behind

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2.1 Link	4	^ o ^ c	L <sub>b</sub> R-L <sub>f</sub> RL <sub>f</sub> -R <sub>S</sub> L <sub>C</sub> R <sub>S</sub>
2.2 Fallaway Throwaway	3	^ c < o	LfallR-L <sub>f</sub> R <sub>C</sub> L <sub>f</sub> -R <sub>f</sub> L <sub>C</sub> R <sub>f</sub>
2.3 Hip Bump	8	< o < o	L <sub>b</sub> R-L <sub>f</sub> RL <sub>f</sub> -R <sub>S</sub> L <sub>C</sub> R <sub>S</sub>
2.4 Change of Place L to R	6R	< o ^ o	L <sub>b</sub> R-LRL-R <sub>f</sub> L <sub>C</sub> R <sub>f</sub>

4 Link -> 3 Fallaway Throwaway -> 8 Hip Bump -> 6R Change Place  
L to R

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3.1 Link	4R	^ o ^ c	L <sub>b</sub> R-L <sub>f</sub> RL <sub>f</sub> -R <sub>S</sub> L <sub>C</sub> R <sub>S</sub>
3.2 Goto 1.1			

## Samba - 2/4, 48~50 bpm (60 for Comp.)- Level 0 Sequence for Man

1.1 Rhythm Bounce Here	4	↖ ↖	1a2-1a2	LRL-RLR
1.2 Side Basic	1c	↖ ↖	1a2-1a2	L <sub>S</sub> R <sub>C</sub> L-R <sub>S</sub> L <sub>C</sub> R
-----				
1.3 1-3 Rev. Basic	1b	↖ ↖	1a2	L <sub>f</sub> R <sub>C</sub> L
1.4 Progressive Basic	1d	↖ ↖	1a2-1a2	R <sub>f</sub> L <sub>C</sub> R-L <sub>S</sub> R <sub>C</sub> L
1.5 Nat. Basic 1/8 R	1a	↖ ^	1a2-1a2	R <sub>f</sub> L <sub>C</sub> R-L <sub>b</sub> R <sub>C</sub> L
-----				
1.6 R Whisk (Lady to L)	2b	^ ^	1a2	R <sub>S</sub> L <sub>x</sub> bR
1.7 L UnderArm Turn Whisk	2c	^ ^	1a2	L <sub>S</sub> R <sub>x</sub> bL
1.8 R UnderArm Turn Whisk PP	2d	^ <	1a2	R <sub>S</sub> L <sub>x</sub> bR
1.9 LF Walk in PP (Lady RF)	3a	< <	1a2	L <sub>f</sub> p <sup>R</sup> <sub>bp</sub> L <sub>bp</sub>
1.10 Side Walk (End Open PP)	3c	< ↖	1a2	R <sub>f</sub> L <sub>S</sub> bR
-----				
1.11 Cris X Bo Fo (Shadow)	7	↖ ↖	1a2-1a2	L <sub>f</sub> R <sub>S</sub> L-R <sub>f</sub> L <sub>S</sub> R
1.12 LF Station Walk 1/8L	3d	↖ <	1a2	L <sub>C</sub> R <sub>b</sub> L
(Lady UnderArm Spot Volta to 9/8R)				
1.13 RF Walk in PP (Lady LF)	3b	< <	1a2	R <sub>f</sub> p <sup>L</sup> <sub>bp</sub> R <sub>bp</sub>
1.14 L Whisk (Turn 1/4 R)	2a	< ^	1a2	L <sub>S</sub> R <sub>x</sub> bL
1.15 R Whisk (Lady to L)	2bR	^ ^	1a2	s
1.16 LF Stationary Walk	3d	^ ^	1a2	L <sub>C</sub> R <sub>b</sub> L
1.17 RF Stationary Walk	3d	^ ^	1a2	R <sub>C</sub> L <sub>b</sub> R
1.18 Rev. Basic 1/4 L	1bR	^ <	1a2-1a2	L <sub>f</sub> R <sub>C</sub> L-R <sub>b</sub> L <sub>C</sub> R
1.19 1-3 Rev. Basic	1bR	< <	1a2	L <sub>f</sub> R <sub>C</sub> L
-----				
2.1 Nat. Basic 1/8 L	1aR	< ↙	1a2-1a2	R <sub>f</sub> L <sub>C</sub> R-L <sub>O</sub> R <sub>C</sub> L
2.2 Travel BoFo Fwd	6	↙ ↙	1a2-1a2	R <sub>f</sub> L <sub>S</sub> R-L <sub>f</sub> R <sub>S</sub> L
2.3 1-3 Nat. Basic OP 1/8 R	1aR	↙ <	1a2	R <sub>O</sub> L <sub>C</sub> R
-----				
3.1 Volta 2 R (Travel-Turn)	5a	< <	1a2a1a2	L <sub>f</sub> x <sup>R</sup> <sub>S</sub> bLRLRL
3.2 Volta 2 L (Travel+Turn)	5a	< ↖	1a2a1a2	R <sub>f</sub> x <sup>L</sup> <sub>S</sub> bRLRLR
-----				
4.1 Goto 1.1				
1. Basic (Nat/Rev/Side/Prog)				
2. Whisk (L/R/L Underarm/R Underarm)				
3. Walk (L, R, Side, Stationary)				
4. Bounce				
5. Volta (Travelling+Turn/Traveling-Turn/Circle/Spot = 11)				
6. Travel BoFo Fwd				
7. X BoFo (Shadow)				

## Note

Column 1 - Step

Column 2 - Figure Name

Column 3 - Number associated with the Figure Name (R for Repeat)

Column 4 - Commencing Alignment ( $\sqrt{\quad}$  DW,  $\surd$  DC,  $\surd$  DC ALOD,  $\overline{\quad}$  DW ALOD)

Column 5 - Ending Alignment

Column 6 - Count

Column 7 - Foot Position