

Cha Cha - 4/4, 30~32 bpm - Level 1 Sequence for Lady

1.1 Closed Basic	1c	R _b L R _S L _C R _S -L _f R L _S R _C L _S
1.2 New York To LSP & RSP	2	R _f L R _S L _C R _S -L _f R L _S R _C L _S
1.3 Spot Turn To R & L	3	R _f L R _S L _C R _S -L _f R L _S R _C L _S
1.4 Hand 2 Hand RSP & LSP	5	R _b L R _S L _C R _S -L _b R L _S R _C L _S
1.5 Closed Basic	1cR	R _b L R _S L _C R _S -L _f R L _S R _C L _S

1c C. Bas -> 2 N.Y. -> 3 Spot Turn -> 5 Hand 2 Hand -> 1c C. Bas

2.1 L & R Shoulder 2 Sho.	4	R _b L R _S L _C R _S -L _b R L _S R _C L _S
2.2 LF Time Steps (Guapacha)	9	R _{bx} L R _S L _C R _S (Hold 2, R _{bx} a, L 3)
2.3 L Side Steps (Lady LF)	7	L _C R _S L _C R _S L _C - R _S L _C R _S L _C R _S
2.4 RF Time Steps (Guapacha)	9	L _{bx} R L _S R _C R _S (Hold 2, L _x a, R 3)
2.5 R Side Steps (Lady RF)	7	R _C L _S R _C L _S R _C - L _S R _C L _S R _C L _S
2.6 There & Back	8	R _C L R _b L _b R _b -L _b R L _f R _f L _f
2.7 Closed Basic In Place	1p	R _C L RLR-L _C R LRL

4 Sh 2 Sh -> 9 LF Time Steps -> 7 L Side Steps -> 9 RF Time Steps
-> 7 R Side Steps -> 8 There & Back -> 1p Closed Basic In Place

3.1 Fan	10	R _b L R _S L _C R _S -L _f R _b L _b R _{bx} L _b
3.2 Alemana (Lady Spot T)	11	R _C L _f R _f L _f xR _f -L _f R _f L _f R _f xL _f
3.3 Closed Hip Twist	15	R _b L R _f L _C R _f -L _f R _f L _b R _{bx} L _b (Men: L Cu)
3.4 Hockey Stick	12	R _C L _f R _f L _f xR _f -L _f R _f L _b R _{bx} L _b
3.5 1-2 Open Basic	1o	R _b L
3.6 3 Cha Cha Bk (Lady Fwd) Walks	6	R _f L _f xR _f -L _f R _f xL _f -R _f L _f xR _f
3.7 6-7 Open Basic	1o	L _b R
3.8 3 Cha Cha Fwd (Lady Bk) Walks	6	L _b R _{bx} L _b -R _b L _{bx} R _b -L _b R _{bx} L _b
3.9 1-5 Closed Basic	1cR	R _b L R _S L _C R _S

10 Fan -> 11 Alemana -> 15 Closed Hip Twist -> 12 Hockey Stick
-> 1o 1-2 Open Basic -> 6 3 Cha Cha Bk Walks -> 1o 6-7 Open Basic
-> 6 3 Cha Cha Fwd Walks -> 1c 1-5 Closed Basic

4.1 Nat. Top	13	L _S R _x f L _S R _x fL _S -R _x fL _S R _x fL _S R _x f- L _S R _x f L _S R _x fL _S
4.2 Nat. Open Out Movement	14	R _b L R _f L _C R _S (Men: L Cur.)
4.3 Lady Underarm R Turn	3u	L _f R _f L _S R _C L _S (Men: 6-10 C. Bas.)
4.4 Lady Underarm L Turn	3u	R _f L _f R _S L _C R _S (Men: 1-5 C. Bas.)
4.5 6-10 Closed Basic	1cR	L _f R L _S R _C L _S

13 Nat. Top -> 14 Nat. Open Movement -> 3u Underarm Turn To R
--> 3u Underarm Turn To L -> 1cR 6-10 C. Basic

5.1 Goto 1.1

Rumba - 4/4, 25~27 bpm - Level 1 Sequence for Lady

1.1 Closed Basic	1c	R _b LR _S -L _f RL _S
1.2 New York To LSP & RSP	3	R _f LR _S -L _f RL _S
1.3 Spot Turn To R & L	4	R _f LR _S -L _f RL _S
1.4 Hand 2 Hand RSP & LSP	6	R _b LR _S -L _b RL _S
1.5 LF & RF Alt Close Basic	1a	R _C LR _S -L _C RL _S

1c C. Bas -> 3 NY -> 4 Spot T -> 6 Hand 2 Hand -> 1a Alt. C. Bas

2.1 L & R Shoulder 2 Sho.	5	R _b LR _S -L _b RL _S
2.2 L & R Cuban Rock	9	RLR-LRL
2.3 L Side Steps (Lady RF)	8	R _S L _C R _S -L _C R _S L _C (Brush RF 2 l)
2.4 L Curcaraches	2	R _S LR _C
2.5 R Side Steps (Lady LF)	8	L _S R _C L _S -R _C L _S R _C
2.6 R Curcaraches	2	L _S RL _C
2.7 Closed Basic In Place	1p	R _C LR-L _C RL

5 Sh 2 Sh -> 9 Cuban Rock -> 8 L Side Steps -> 2 L Cur -> 8 R Side Steps -> 2 R Cur -> 1p Closed Basic In Place

3.1 Fan	10	R _b LR _S -L _f R _b L _b
3.2 Alemana (Lady Spot T)	11	R _C L _f R _f -L _f R _f L _f
3.3 Opening Out To R & L	14	R _b LR _{fS} -L _b RL _{fS} (Men: L & R Cur.)
3.4 Closed Hip Twist	16	R _b LR _f -L _f R _f L _b (Men: L Cur.)
3.5 Hockey Stick	12	R _C L _f R _f -L _f R _f L _b
3.6 1-3 Open Basic	1o	R _b LR _f
3.7 6 Prog. Bk (Lady Fwd) Walks	7	L _f R _f L _f -R _f L _f R _f
3.8 4-6 Open Basic	1o	L _f RL _b
3.9 6 Prog. Fwd (Lady Bk) Walks	7	R _b L _b R _b -L _b R _b L _b
3.10 1-3 Closed Basic	1cR	R _b LR _S

10 Fan -> 11 Alemana -> 14 Opening Out To R & L -> 16 C. Hip Twist -> 12 Hockey Stick -> 1o 1-3 O. Basic -> 7 6 Prog Bk Walk -> 1o 4-6 O. Basic -> 7 6 Pro. Fwd Walk -> 1cR 1-3 C. Basic

4.1 Nat. Top	13	L _S R _{Xf} L _S -R _{Xf} L _S R _{Xf} - L _S R _{Xf} L _S
4.2 Nat. Open Out Movement	15	R _b LR _S (Men: L & R Cur.)
4.3 Lady Underarm R Turn	4u	L _f RL _S (Men: 4-6 C. Bas.)
4.4 Lady Underarm L Turn	4u	R _f LR _S (Men: LF Alt. Bas.)
4.5 4-6 Closed Basic	1cR	L _f RL _S

13 Nat. Top -> 15 Nat. Open Movement -> 4u Underarm Turn To R -> 4u Underarm Turn To L -> 1cR C. Basic

5.1 Goto 1.1

Paso Doble - 2/4, 60~62 bpm - Level 1 Sequence for Lady

1.1 Chasse to L (Lady to R) (1 Down 1 Up)	3L	v v	1234	L _a R _s L _c R _s
1.2 Close LF + 3 Sur Place	1	v v	5678	L _c -RLR

2.1 Ecart (Fallaway Whisk)	8	v ↙	1234	L _a R _b L _s bfallR _b fall
2.2 Prom. Close + 2 Sur Place	6c	↙ >	5678	L _{fp} R _c LR

3.1 Separation + Lady Cape	10	> >	1-16	L _a R _b L _b R _c -LRLR LRLRLR-L _s R _c
4.1 Prom. Link	6	> ^	1234	L _a R _{sp} L _{fp} R _c

5.1 Chasse to R (Lady to L) (2 Down 2 Up)	3r	^ ^	1234	L _s R _c L _s R _c
5.2 4 Sur Place 1/4R (Lady End ALOD)	1R	^ >	5678	LRLR

6.1 Deplacement	5	> ^	1234	L _b R _b L _s R _c
6.2 4 Sur Place 1/4R (Lady End ALOD)	1R	^ >	5678	LRLR

7.1 Separation	9	> >	1-8	L _a R _b L _b R _c -LRLR
8.1 4 Sur Place 1/4R (Lady End FC)	1R	> v	1234	LRLR

9.1 Promenade	7	v ^	1-8	L _a R _{sp} L _{fp} R _f -L _f R _f L _s R _c
10.1 Basic Move 1/2R (Lady End FC)	2	^ v	1-8	LRLRLRL
11.1 Drag	4	v v	1234	L _s RRR _{cw}

12.1 2 Sur Place Hug + 2 Rest	1R	v v	1234	LR--
=== 1 st Highlight Ends Here ===				

13.1 Prom & C Prom	14	v ↗	1-8	L _a R _{sp} L _f xp ^R _f s L _s xcp ^R _f cp ^L _b s ^R _{sp}
14.1 Grand Circle + 1-2 Chasse to R	15 3r	↗ > > >	1-8 9-10	L _{fp} R _{fp} L _{fp} - R _{fp} L _{fp} R _{fp} -L _{fp} R _c L _s R _c

15.1 Open Telemark (Slip)	16	> >	1-8	L _a R _b L _c R _{fp} -L _{fp} R _c L _s R _c
16.1 6 Sur Place 1/4R (Lady End FC)	1R	> v	1-8	LRLRLR

17.1 Sixteen	13	v ^	1-16	L _a R _{sp} L _f xp ^R _f -L _f R _f L _s R L _f xR _s L _R f _x L _s RL _f R _c
18.1 Basic Move 1/2R (Lady End FC)	2R	^ v	1-8	LRLRLRLR

19.1 Chasse to Left	3LR	v v	1-4	L _a R _s R _c R _s
19.2 Drag	4R	v v	5678	L _s RRR _{cw}

20.1 Ecart (Fallaway Whisk) 8R v ↙ 1234 $L_a R_b L_s b f a l l R b f a l l$
 20.2 Hold Ecart + 1 Rest - ↙ ↙ 56 $R_b f a l l R b f a l l$
 === 2nd Highlight Ends Here ===
 21.1 Huit 12 ↙ v 1-8 $L_f x p R_s - L R_f x L_s R L_f R_c$
 21.2 Sur Place 1/4L (Lady End ALOD) 1R v > 1-8 LRLRLRLR

 22.1 Separation End to R 9 > > 1-8 $L_a R_b L_b R_c - L R L R$
 23.1 Fallaway - End to Separall > ^ 1-8 $L_f o R_f o L_b f a l l R_b f a l l -$
 $L_s R_c L_s R_c$

 24.1 Goto 5.1 Chasse to R ^ ^
 :
 :
 9.1 Promenade v ^

 25.1 1-4 Basic Move 1R ^ ^ 1-4 LRLR
 26.1 5 Sur Place 1/2R (Lady End FC) 1R ^ v 1-5 LRLRL
 27.1 Syn. Chasse to R 4s v v 12&34 $R_b - L_s R_c L_s R_c$
 22.2 Chasse to R (Hug @8) 4 v v 5678 $L_s R_c L_s R_c$
 === 3rd Highlight Ends Here ==

Jive - 4/4, 42~44 bpm - Level 1 Sequence for Lady

- 1.1 Fallaway Rock 2 v c v c RfallL-R_SL_CR_S-L_SR_CL_S
- 1.2 Basic in Place 1 v c v c R_CL-R_SL_CR_S-L_SR_CL_S
- 1.3 Change of Place R to L 5 v c > o RfallL-R_SL_CR_S-L_{db}R_CL_b
- 1.4 Change of Place L to R 6 > o v o R_bL-R_tL_tR_t-L_bR_CL_b
- 1.5 Change of Hands Behind 7 v o ^ o R_bL-R_fL_CR_f-L_tR_tL_t
- 1.6 Change of Hands Behind 7R ^ o v o R_bL-R_fL_CR_f-L_tR_tL_t

1 Fallaway Rock -> 2 Basic in Place -> 5 Change Place R to L
-> 6 Change Place L to R -> 7 Change Hands Behind -> 7R Change
Hands Behind

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- 2.1 Link 4 v o v c R_bL-R_fL_RR_f-L_SR_CL_S
 - 2.2 2 Walks (L & R Walks) 10 v c \ cp RfallL-R_SL_CR_S-L_fR_CL_f
 - 2.3 3-8 Falla Throw/R-L 3 \ cp > o R_SL_CR_S-L_bR_CL_b
 - 2.4 American Spin 9 > o > o R_bL-R_fL_CR_f-L_SR_CL_S
 - 2.5 Stop & Go 11 > o > o R_bL-R_fL_CR_f-L_bR-
L_fR_CL_f
 - 2.6 Hip Bump 8 > o > o R_bL-R_fL_RR_f-L_SR_CL_S
 - 2.7 Change of Place L to R 6R > o v o R_bL-R_tL_tR_t-L_bR_CL_b

4 Link -> 10 2 Walks -> 3 3-8 Fallaway Throwaway -> 9 American
Spin -> 11 Stop & Go -> 8 Hip Bump -> 6R Change Place L to R

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- 3.1 1-5 Link 4R v o < c R_bL-R_fL_RR_f
 - 3.2 Whip (End in Fallaway) 13 < c ^ c L_fR_f-L_SR_CL_S
 - 3.3 Mooch (L & R Flicks) 12 v c v c R_bL-RR-LL-R_bL-R_fL_CR_S-
L_bR-LL-RR-L_bR-L_fR_CL_S
 - 3.4 Fallaway Throwaway 3 v c > o RfallL- R_SL_CR_S-L_bR_CL_b
 - 3.5 Change of Place L to R 6R > o v o R_bL-R_tL_tR_t-L_bR_CL_b

4R 1-5 Link -> 13 Whip -> 12 Mooch -> 3 Fallaway Throwaway -> 6R
Change Place L to R

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- 4.1 1-5 Link 4R v o < c L_bR-L_fR_LR_f
 - 4.2 Whip Throwaway End Open 14 < c v o L_fR_f-L_SR_CL_S
 - 4.3 Change of Place L to R 6R v o < o R_bL-R_tL_tR_t-L_bR_CL_b
 - 4.4 Change of Hands Behind 7R < o > o R_bL-R_fL_CR_f-L_tR_tL_t
 - 4.5 Change of Place L to R 6R > o v c R_bL-R_tL_tR_t-L_bR_CL_b

4R 1-5 Link -> Whip Throwaway -> 6R Change Place L to R -> 7R
Change of Hands Behind -> 6R Change of Place L to R

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- 5.1 Goto 1.1

Samba - 2/4, 48~50 bpm (60 for Comp)- Level 1 Sequence for Lady

1.1 Rhythm Bounce Here	4	↘ ↘	1a2-1a2	RLR-LRL
1.2 Side Basic	1c	↘ ↘	1a2-1a2	R _S L _C R-L _S R _C L

1.3 1-3 Rev. Basic	1b	↘ ↘	1a2	R _b L _C R
1.4 Progressive Basic	1d	↘ ↘	1a2-1a2	L _b R _C L-R _S L _C R
1.5 Nat. Basic 1/8 R	1a	↘ v	1a2-1a2	L _b R _C L-R _f L _C R

1.6 R Whisk (Lady to L)	2b	v v	1a2	L _S R _x bL
1.7 L UnderArm Turn Whisk PP	2c	v v	1a2	R _f L _S bR _x f
1.8 R UnderArm Turn Whisk PP	2d	v <	1a2	L _f R _S bL _x f
1.9 LF Walk in PP (Lady RF)	3a	< <	1a2	R _f pL _{bp} R _{bp}
1.10 Side Walk (End Open PP)	3c	< ↘	1a2	L _f R _S bL

1.11 Cris X Bo Fo (Shadow)	7	↘ ↘	1a2-1a2	R _f L _S R-L _f R _S L
1.12 LF Station Walk 1/8L	3d	↘ <	1a2	R _f L _S bR _x f
(Lady UnderArm Spot Volta to 9/8R)				
1.13 Side Walk (End Open PP)	3cR	< ↘	1a2	L _f R _S bL
1.14 Cris X Volta (Travel R)	10	↘ ↗	1a2a1a2	R _f xL _S bRLRLR
1.15 Cris X Volta (Travel L)	10	↗ v	1a2a1a2	L _f xR _S bLRLRL

1.16 LF Stationary Walk	3d	v v	1a2	R _C L _b R
1.17 RF Stationary Walk	3d	v v	1a2	L _C R _b L
1.18 Rev. Basic 1/4 L	1bR	v >	1a2-1a2	R _b L _C R-L _f R _C L
1.19 1-3 Rev. Basic	1bR	> >	1a2	R _b L _C R
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2.1 Foot Ch. 1 (Cl. to RShP)	12a	> <	1a2	L _x fR _S bL _x f
2.2 Shadow Travel Volta to L	13	< <	1a2a1a2	R _f xL _S bRLRLR
2.3 Shadow Travel Volta to R	13	< v	1a2a1a2	L _f xR _S bLRLRL
2.4 Foot Ch. 2 (RShP to Cl.)	12b	v >	1a2	R _x fL _S bR _x f
=====				
3.1 Nat. Basic 1/8 L	1aR	> ↗	1a2-1a2	L _b R _C L-R _f oL _C R
3.2 Travel BoFo Fwd	6	↗ ↗	1a2-1a2	L _b R _S L-R _b L _S R
3.3 1-3 Nat. Basic OP 1/8 R	1aR	↗ >	1a2	L _{bo} R _C L
=====				

4.1 Rev. Turn 3/8 L + 5/8 L	14	> >	1a2-1a2	R _b L _c R-L _f R _s bL _x
4.2 1-3 Rev. Turn 3/8 L	14R	> ↖	1a2	R _b L _c R
4.3 Travel BoFo Bk End in PP	8	↖ ↙ + ↖	1a2-1a2	L _f R _s L-R _f L _s R
(Lady 1/4L+1/4R 1/2L+(1/8L+1/2R))		↖ ↘ + <	1a2-1a2	L _f R _s L-R _f L _s R
4.4 RF Walk in PP/Side Walk/ 3cR		< ↖	1a2	L _f R _s bL
Travel Volta to L/4 9 BoFo to PP & CPP				
4.5 LF Walk in PP (Lady RF)	3a	< <	1a2	R _f pL _b pR _b p
=====				
5.1 Side Walk/CrX BoFo/CrX Volta 3cR		< ↖	1a2	L _f R _s bL
5.2 Foot Ch. 3 (PP to RShP)	12c	↖ ↖	1a2	R _x fL _s b+R _s fw
5.3 Shadow Travel BoFo to R	6b	↖ ↙	1a2a3a4	L _f R _s L
5.4 Shadow Travel BoFo to L	6b	↙ ↖	1a2a3a4	R _f L _s R
5.5 Shadow Travel BoFo to R	6bR	↖ <	1a2a3a4	L _f R _s L
5.6 Foot Ch. 4 (RShP to PP)	12d	< <	1a2	R _x fL _s b+R _f wp
5.7 RF Walk in PP/ Side Walk 3b		< <	1a2	L _f pR _b pL _b p
- 5.8 L Whisk (Turn 1/4 R)	2a	> v	1a2	R _s L _x bR
- 5.9 R Whisk (Lady to L)	2bR	v v	1a2	L _s R _x bL
- 5.10 Rev. Basic 1/4 L	1bR	v >	1a2-1a2	R _b L _c R-L _f R _c L
=====				
6.1 Nat. Basic/1-3 Rev. Bas. 1bR		> >	1a2	R _b L _c R
6.2 Closed Rocks	16	> >	SQQ-SQQ	L _b R _b L-R _b L _b R
6.3 Nat. Basic 1/4 R	1aR	> v	1a2-1a2	L _b R _c L-R _f L _c R
6.4 Corta Jaca at Cnr	15	v v	S-QQQQQQ	L _b -L _f LR _f LR _b L
6.5 Spot Volta to L (Lady to R)	11	v ^	1a2	R _x fL _s bR _x f
6.6 Spot Volta to R (Lady to L)	11	^ v	1a2	L _x fR _s bL _x f
- 6.7 L Whisk (Lady to R)	2aR	v v	1a2	R _s L _x bR
- 6.8 R Whisk (Lady to L)	2bR	v v	1a2	L _s R _x bL
6.9 BoFo to PP & CPP	9	v <	1a2-1a2-1a2	R _b L _s R-L _f R _s L-R _f L _s R
6.10 Volta 2 L (Travel-Turn)	5a	< >	1a2a1a2	L _f xR _s bLRLRL
(Lady 1/4R to Cl. @step 1)				
6.11 Volta 2 R (Travel-Turn)	5a	> >	1a2a1a2	R _f xL _s bRLRLR
6.12 Volta 2 L (Travel+Turn)	5a	> ↘	1a2a1a2	L _f xR _s bLRLRL
=====				
7.1 Goto 1.1				

1. Basic (Nat/Rev/Side/Prog)
2. Whisk (L/R/L Underarm/R Underarm)
3. Walk (L, R, Side, Stationary)
4. Bounce
5. Volta (Travelling+Turn/Traveling-Turn/Circle/Spot = 11)

6. Travel BoFo Fwd
 7. X BoFo (Shadow)
 8. Travel BoFo Bkd
 9. BoFo Prom & PP
 10. X Volta
 11. Spot Solo Volta
 12. Foot Change (a/b/c/d)
 13. Shadow Travelling Volta L & R
 14. Rev. Turn, 15. Corta Jaca, 16. Closed Rocks
- Foot Ch. 1 (Lady Spot Volta 1/2 L \curvearrowright $L_{xf}R_{sb}L_{xf}$)
- Foot Ch. 2 (Lady Spot Volta 3/4 R \curvearrowright $R_{xf}L_{sb}R_{xf}$)
- Foot Ch. 3 (Lady 1.2 of Spot Volta 1.25 R \curvearrowright $R_{xf}L_{sb}+R_{sfw}$)
- Foot Ch. 4 (Lady 1.2 of Spot Volta 1 R \curvearrowright $R_{xf}L_{sb}+R_{fwp}$)

Notes

- Column 1 - Step
- Column 2 - Figure Name
- Column 3 - Number associated with the Figure Name (R for Repeat)
- Column 4 - Commencing Alignment ($\sqrt{\quad}$ DW, \surd DC, \sloperight DC ALOD, \nearrow DW ALOD)
- Column 5 - Ending Alignment
- Column 6 - Count
- Column 7 - Foot Position