

Cha Cha - 4/4, 30~32 bpm - Level 1 Sequence for Man

1.1 Closed Basic	1c	L _f R L _S R _C L _S -R _b L R _S L _C R _S
1.2 New York To LSP & RSP	2	L _f R L _S R _C L _S -R _f L R _S L _C R _S
1.3 Spot Turn To R & L	3	L _f R L _S R _C L _S -R _f L R _S L _C R _S
1.4 Hand 2 Hand RSP & LSP	5	L _b R L _S R _C L _S -R _b L R _S L _C R _S
1.5 Closed Basic	1cR	L _f R L _S R _C L _S -R _b L R _S L _C R _S

1c C. Bas -> 2 N.Y. -> 3 Spot Turn -> 5 Hand 2 Hand -> 1c C. Bas

2.1 L & R Shoulder 2 Sho.	4	L _f R L _S R _C L _S -R _f L R _S L _C R _S
2.2 LF Time Steps (Guapacha)	9	L _b xR L _S R _C L _S (Hold 2, L _b x a, R 3)
2.3 L Side Steps (Lady LF)	7	R _C L _S R _C L _S R _C - L _S R _C L _S R _C L _S
2.4 RF Time Steps (Guapacha)	9	R _b xL R _S L _C R _S (Hold 2, R _x a, L 3)
2.5 R Side Steps (Lady RF)	7	L _C R _S L _C R _S L _C - R _S L _C R _S L _C R _S
2.6 There & Back	8	L _C R L _b R _b L _b -R _b L R _f L _f R _f
2.7 Closed Basic In Place	1p	L _C R LRL-R _C L RLR

4 Sh 2 Sh -> 9 LF Time Steps -> 7 L Side Steps -> 9 RF Time Steps
-> 7 R Side Steps -> 8 There & Back -> 1p Closed Basic In Place

3.1 Fan	10	L _f R L _S bR _C L _S -R _b L R _S L _C R _S
3.2 Alemana (Lady Spot T)	11	L _f R LRL-R _b L RLR
3.3 Closed Hip Twist	15	L _S R LRL-R _b L R _S L _C R _S (Men: L Cu)
3.4 Hockey Stick	12	L _f R LRL-R _x bL _f R _f L _l R _f
3.5 1-2 Open Basic	1o	L _f R
3.6 3 Cha Cha Bk (Lady Fwd) Walks	6	L _b R _C L _b -R _b LR _b -L _b RL _b
3.7 6-7 Open Basic	1o	R _b L
3.8 3 Cha Cha Fwd (Lady Bk) Walks	6	R _f L _C R _f -L _f RL _f -R _f LR _f
3.9 1-5 Closed Basic	1cR	L _f R L _S R _C L _S

10 Fan -> 11 Alemana -> 15 Closed Hip Twist -> 12 Hockey Stick
-> 1o 1-2 Open Basic -> 6 3 Cha Cha Bk Walks -> 1o 6-7 Open Basic
-> 6 3 Cha Cha Fwd Walks -> 1c 1-5 Closed Basic

4.1 Nat. Top	13	R _x bL _S R _x bL _S R _x b-L _S R _x b L _S R _x bL _S - R _x bL _S R _x bL _S R _C
4.2 Nat. Open Out Movement	14	L _S R LRL (Men: L Cur.)
4.3 Lady Underarm R Turn	3u	R _b L RLR (Men: 6-10 C. Bas.)
4.4 Lady Underarm L Turn	3u	L _f R LRL (Men: 1-5 C. Bas.)

13 Nat. Top -> 14 Nat. Open Movement -> 3u Underarm Turn To R
--> 3u Underarm Turn To L -> 1cR 6-10 C. Basic

5.1 Goto 1.1

Rumba - 4/4, 25~27 bpm - Level 1 Sequence for Man

1.1 Closed Basic	1c	L _f RL _S -R _b LR _S
1.2 New York To LSP & RSP	3	L _f RL _S -R _f LR _S
1.3 Spot Turn To R & L	4	L _f RL _S -R _f LR _S
1.4 Hand 2 Hand RSP & LSP	6	L _b RL _S -R _b LR _S
1.5 LF & RF Alt Close Basic	1a	L _C RL _S -R _C LR _S

1c C. Bas -> 3 NY -> 4 Spot T -> 6 Hand 2 Hand -> 1a Alt. C. Bas

2.1 L & R Shoulder 2 Sho.	5	L _f RL _S -R _f LR _S
2.2 L & R Cuban Rock	9	LRL-RLR
2.3 L Side Steps (Lady RF)	8	L _S R _C L _S -R _C L _S R _C (Brush LF 2 R)
2.4 L Curcaraches	2	L _S RL _C
2.5 R Side Steps (Lady LF)	8	R _S L _C R _S -L _C R _S L _C
2.6 R Curcaraches	2	R _S LR _C
2.7 Closed Basic In Place	1p	L _C RL-R _C LR

5 Sh 2 Sh -> 9 Cuban Rock -> 8 L Side Steps -> 2 L Cur -> 8 R Side Steps -> 2 R Cur -> 1p Closed Basic In Place

3.1 Fan	10	L _f RL _S _b -R _b LR _S
3.2 Alemana (Lady Spot T)	11	L _f RL _C -R _b LR _C
3.3 Opening Out To R & L	14	L _S RL _C -R _S LR _C (Men: L & R Cur.)
3.4 Closed Hip Twist	16	L _S RL _C -R _b LR _S (Men: L Cur.)
3.5 Hockey Stick	12	L _f RL _C -R _b LR _f
3.6 1-3 Open Basic	1o	L _f RL _b
3.7 6 Prog. Bk (Lady Fwd) Walks	7	R _b L _b R _b -L _b R _b L _b
3.8 4-6 Open Basic	1o	R _b LR _f
3.9 6 Prog. Fwd (Lady Bk) Walks	7	L _f R _f L _f -R _f L _f R _f
3.10 1-3 Closed Basic	1cR	L _f RL _S

10 Fan -> 11 Alemana -> 14 Opening Out To R & L -> 16 C. Hip Twist -> 12 Hockey Stick -> 1o 1-3 O. Basic -> 7 6 Prog Bk Walk -> 1o 4-6 O. Basic -> 7 6 Pro. Fwd Walk -> 1cR 1-3 C. Basic

4.1 Nat. Top	13	R _x _b LR _x _b -LR _x _b L-R _x _b LR _C
4.2 Nat. Open Out Movement	15	L _S RL _C (Men: L & R Cur.)
4.3 Lady Underarm R Turn	4u	R _b LR _S (Men: 4-6 C. Bas.)
4.4 Lady Underarm L Turn	4u	L _C RL _S (Men: LF Alt. Bas.)
4.5 4-6 Closed Basic	1cR	R _b LR _S

13 Nat. Top -> 15 Nat. Open Movement -> 4u Underarm Turn To R -> 4u Underarm Turn To L -> 1cR C. Basic

5.1 Goto 1.1

Paso Doble - 2/4, 60~62 bpm - Level 1 Sequence for Man

1.1 Chasse to L (Lady to R) (1 Down 1 Up)	3L	^ ^	1234	R _a L _s R _c L _s
1.2 Close RF + 3 Sur Place	1	^ ^	5678	R _c -LRL

2.1 Ecart (Fallaway Whisk)	8	^ √	1234	R _a L _f R _s bfallL _b fall
2.2 Prom. Close + 2 Sur Place	6c	√ <	5678	R _{fp} L _c RL

3.1 Separation + Lady Cape	10	< <	1-16	R _a L _f R _c L-RLRL RLRLRL-R _s L _c
4.1 Prom. Link	6	< v	1234	R _a L _{sp} R _{fp} L _c

5.1 Chasse to R (Lady to L) (2 Down 2 Up)	3r	v v	1234	R _s L _c R _s L _c
5.2 4 Sur Place 1/4R (Man End LOD)	1R	v <	5678	RLRL

6.1 Deplacement	5	< v	1234	R _f L _f R _s L _c
6.2 4 Sur Place 1/4R (Man End LOD)	1R	v <	5678	RLRL

7.1 Separation	9	< <	1-8	R _a L _f R _c L-RLRL
8.1 4 Sur Place 1/4R (Man End FW)	1R	< ^	1234	RLRL

9.1 Promenade	7	^ v	1-8	R _a L _{sp} R _{fp} L _{sb} -R _b L _b R _s L _c
10.1 Basic Move 1/2R (Man End FW)	2	v ^	1-8	RLRLRLRL
11.1 Drag	4	^ ^	1234	R _s LLL _c w

12.1 2 Sur Place Hug + 2 Rest === 1 st Highlight Ends Here ===	1R	^ ^	1234	RL--

13.1 Prom & C Prom	14	^ √	1-8	R _a L _{sp} R _{fp} L _b R _s cpl _f cpl _f R _f L _{sp}
14.1 Grand Circle + 1-2 Chasse to R	15 3r	√ < < <	1-8 9-10	R _{fp} RR-RRL _p -R _{fp} L _c R _s L _c

15.1 Open Telemark (Slip)	16	< <	1-8	R _a L _f R _s L _{fp} -R _{fp} L _c R _s L _c
16.1 6 Sur Place 1/4R (Man End FW)	1R	< ^	1-6	RLRLRL

17.1 Sixteen	13	^ v	1-16	R _a L _{sp} R _{fp} L _s -R _b L _b R _c L RLRLRLRL
18.1 Basic Move 1/2R (Man End FW)	2R	v ^	1-8	RLRLRLRL

19.1 Chasse to Left	3LR	^ ^	1-4	R _a L _s R _c L _s
19.2 Drag	4R	^ ^	5678	R _s LLL _c w

20.1 Ecart (Fallaway Whisk)	8R	^ √	1234	R _a L _f R _s bfallL _b fall
20.2 Hold Ecart @5 + 1 Rest	-	√ √	56	L _b fallL _b fall

=== 2nd Highlight Ends Here ===

21.1 Huit	12	↖ ^	1-8	R _f pL _C -RLRLRL
21.2 Sur Place 1/4L (Man End LOD)	1R	^ <	1-8	RLRLRLRL

22.1 Separation End to R	9	< <	1-8	R _a L _f R _C L-RLRL
23.1 Fallaway - End to Separation		< v	1-8	R _f oL _f oR _b fallL _b fall- R _S L _C R _S L _C

24.1 Goto 5.1 Chasse to R		v v		
		:		
		:		
9.1 Promenade		^ v		
25.1 1-4 Basic Move	2R	v v	1-4	RLRL
26.1 5 Sur Place 1/2R (Man End FW)	1R	v ^	1-5	RLRLR
27.1 Syn. Chasse to R	4s	^ ^	12&34	L _f -R _S L _C R _S L _C
27.2 Chasse to R (Hug @8)	4	^ ^	5678	R _S L _C R _S L _C

=== 3rd Highlight Ends Here ==

Jive - 4/4, 42~44 bpm - Level 1 Sequence for Man

1.1 Fallaway Rock	2	^ c ^ c	L _{fall} R-L _S R _C L _S -R _S L _C R _S
1.2 Basic in Place	1	^ c ^ c	L _C R-L _S R _C L _S -R _S L _C R _S
1.3 Change of Place R to L	5	^ c < o	L _{fall} R-L _f R _C L _f -R _S L _C R _S
1.4 Change of Place L to R	6	< o ^ o	L _b R-LRL-R _f L _C R _f
1.5 Change of Hands Behind	7	^ o v o	L _b R-L _f R _C L _f -R _t L _t R _t
1.6 Change of Hands Behind	7R	v o ^ o	L _b R-L _f R _C L _f -R _t L _t R _t

1 Fallaway Rock -> 2 Basic in Place -> 5 Change Place R to L
-> 6 Change Place L to R -> 7 Change Hands Behind -> 7R Change
Hands Behind

2.1 Link	4	^ o ^ c	L _b R-L _f RL _f -R _S L _C R _S
2.2 2 Walks (L & R Walks)	10	^ c ↖ cp	L _{fall} R-L _f RL _f -R _f L _l R _f
2.3 3-8 Falla Throw/R-L	3/5R	↖ cp< o	L _f R _C L _f -R _f L _C R _f
2.4 American Spin	9	< o < o	L _b R-L _C RL-RLR
2.5 Stop & Go	11	< o < o	L _b R-L _f R _C L _f -R _f L- R _b L _C R _b
2.6 Hip Bump	8	< o < o	L _b R-L _f RL _f -R _S L _C R _S
2.7 Change of Place L to R	6R	< o ^ o	L _b R-LRL-R _f L _C R _f

4 Link -> 10 2 Walks -> 3 3-8 Fallaway Throwaway -> 9 American
Spin -> 11 Stop & Go -> 8 Hip Bump -> 6R Change Place L to R

3.1 1-5 Link	4R	^ o > c	L _b R-L _f RL _f
3.2 Whip (End in Fallaway)	13	> c ^ c	R _{xb} L _S -R _S L _C R _S
3.3 Mooch (L & R Flicks)	12	^ c ^ c	L _b R-LL-RR-L _b R-L _f R _C L- R _b L-RR-LL-R _b L-R _f L _C R
3.4 Fallaway Throwaway	3	^ c < o	L _{fall} R-L _f R _C L _f -R _f L _C R _f
3.5 Change of Place L to R	6R	< o ^ o	L _b R-LRL-R _f L _C R _f

4R 1-5 Link -> 13 Whip -> 12 Mooch -> 3 Fallaway Throwaway -> 6R
Change Place L to R

4.1 1-5 Link	4R	^ o > c	L _b R-L _f RL _f
4.2 Whip Throwaway End Open	14	> c ^ o	R _{xb} L _S -R _S L _C R _S
4.3 Change of Place L to R	6R	^ o > o	L _b R-LRL-R _f L _C R _f
4.4 Change of Hands Behind	7R	> o < o	L _b R-L _f R _C L _f -R _t L _t R _t
4.5 Change of Place L to R	6R	< o ^ c	L _b R-LRL-R _f L _C R _f

4R 1-5 Link -> Whip Throwaway -> 6R Change Place L to R -> 7R
Change of Hands Behind -> 6R Change of Place L to R

5.1 Goto 1.1

Samba - 2/4, 48~50 bpm (60 for Comp)- Level 1 Sequence for Man

1.1 Rhythm Bounce Here	4	↖ ↖	1a2-1a2	LRL-RLR
1.2 Side Basic	1c	↖ ↖	1a2-1a2	L _S R _C L-R _S L _C R

1.3 1-3 Rev. Basic	1b	↖ ↖	1a2	L _f R _C L
1.4 Progressive Basic	1d	↖ ↖	1a2-1a2	R _f L _C R-L _S R _C L
1.5 Nat. Basic 1/8 R	1a	↖ ^	1a2-1a2	R _f L _C R-L _b R _C L

1.6 R Whisk (Lady to L)	2b	^ ^	1a2	R _S L _x bR
1.7 L UnderArm Turn Whisk	2c	^ ^	1a2	L _S R _x bL
1.8 R UnderArm Turn Whisk PP	2d	^ <	1a2	R _S L _x bR
1.9 LF Walk in PP (Lady RF)	3a	< <	1a2	L _f p ^R b ^p L _b p
1.10 Side Walk (End Open PP)	3c	< ↖	1a2	R _f L _S bR

1.11 Cris X Bo Fo (Shadow)	7	↖ ↖	1a2-1a2	L _f R _S L-R _f L _S R
1.12 LF Station Walk 1/8L	3d	↖ <	1a2	L _C R _b L
(Lady UnderArm Spot Volta to 9/8R)				
1.13 Side Walk (End Open PP)	3cR	< ↖	1a2	R _f L _S bR
1.14 Cris X Volta (Travel R)	10	↖ ↙	1a2a1a2	L _f x _S b _R LRLRL
1.15 Cris X Volta (Travel L)	10	↙ ^	1a2a1a2	R _f x _L b _R LRLRL
1.16 LF Stationary Walk	3d	^ ^	1a2	L _C R _b L
1.17 RF Stationary Walk	3d	^ ^	1a2	R _C L _b R
1.18 Rev. Basic 1/4 L	1bR	^ <	1a2-1a2	L _f R _C L-R _b L _C R
1.19 1-3 Rev. Basic	1bR	< <	1a2	L _f R _C L
=====				
2.1 Foot Ch. 1 (Cl. to RShP)	12a	< <	1a2	RRL _{dfw}
2.2 Shadow Travel Volta to L	13	< <	1a2a1a2	R _f x _L b _R LRLRL
2.3 Shadow Travel Volta to R	13	< v	1a2a1a2	L _f x _R b _R LRLRL
2.4 Foot Ch. 2 (RShP to Cl.)	12b	v <	1a2	R _f RL _C w
=====				
3.1 Nat. Basic 1/8 L	1aR	< ↙	1a2-1a2	R _f L _C R-L _O R _C L
3.2 Travel BoFo Fwd	6	↙ ↙	1a2-1a2	R _f L _S R-L _f R _S L
3.3 1-3 Nat. Basic OP 1/8 R	1aR	↙ <	1a2	R _O L _C R
=====				

4.1 Rev. Turn 3/8 L + 5/8 L	14	< <	1a2-1a2	L _f R _{sb} L _x -R _b rL _c R
4.2 1-3 Rev. Turn 3/8 L	14R	< \	1a2	L _f R _{sb} L
4.3 Travel BoFo Bk End in PP	8	\7+\	1a2-1a2	R _b L _S R-L _b R _S L
(Man 1/4L+1/4R 1/4L+1/8L)		\7+<	1a2-1a2	R _b L _S R-L _b R _b L
4.4 RF Walk in PP/Side Walk 3cR		< \	1a2	R _f L _{sb} R
Travel Volta to L/4 9 BoFo to PP & CPP				
4.5 LF Walk in PP (Lady RF)	3a	< <	1a2	L _f pR _{bp} L _{bp}
=====				
5.1 Side Walk/ CrX BoFo/CrX Volta 3cR		< \	1a2	R _f L _{sb} R
5.2 Foot Ch. 3 (PP to RShP)	12c	\ \	1a2	L _f LR _{sw}
5.3 Shadow Travel BoFo to R	6b	\ \	1a2a3a4	L _f R _S L
5.4 Shadow Travel BoFo to L	6b	\ \	1a2a3a4	R _f L _S R
5.5 Shadow Travel BoFo to R	6bR	\ <	1a2a3a4	L _f R _S L
5.6 Foot Ch. 4 (RShP to PP)	12d	< <	1a2	R _f RL _{fwp}
5.7 RF Walk in PP/ Side Walk 3b		< <	1a2	R _f pL _{bp} R _{bp}
- 5.8 L Whisk (Turn 1/4 R)	2a	< ^	1a2	L _S R _{xb} L
- 5.9 R Whisk (Lady to L)	2bR	^ ^	1a2	R _S L _{xb} R
- 5.10 Rev. Basic 1/4 L	1bR	^ <	1a2-1a2	L _f R _c L-R _b L _c R
=====				
6.1 Nat. Basic 1-3 Rev. Bas.	1bR	< <	1a2	L _f R _c L
6.2 Closed Rocks	16	< <	SQQ-SQQ	R _f L _f R-L _f R _f L
6.3 Nat. Basic 1/4 R	1aR	< ^	1a2-1a2	R _f L _c R-L _b R _c L
6.4 Corta Jaca at Cnr	15	^ ^	S-QQQQQQ	R _f -L _f RL _b RL _f R
6.5 Spot Volta to L	11	^ v	1a2	L _x fR _{sb} L _x f
6.6 Spot Volta to R	11	v ^	1a2	R _x fL _{sb} R _x f
- 6.7 L Whisk (Lady to R)	2aR	^ ^	1a2	L _S R _{xb} L
- 6.8 R Whisk (Lady to L)	2bR	^ ^	1a2	R _S L _{xb} R
6.9 BoFo to PP & CPP	9	^ <	1a2-1a2-1a2	L _f R _S L-R _f L _S R-L _f R _S L
6.10 Volta 2 L (Travel-Turn)	5a	< <	1a2a1a2	R _f xL _{sb} RLRLR
(Lady 1/4R to Cl. @step 1)				
6.11 Volta 2 R (Travel-Turn)	5a	< <	1a2a1a2	L _f xR _{sb} LRLRL
6.12 Volta 2 L (Travel+Turn)	5a	< \	1a2a1a2	R _f xL _{sb} RLRLR
=====				
7.1 Goto 1.1				

1. Basic (Nat/Rev/Side/Prog)
2. Whisk (L/R/L Underarm/R Underarm)
3. Walk (L, R, Side, Stationary)
4. Bounce
5. Volta (Travelling+Turn/Traveling-Turn/Circle/Spot = 11)

6. Travel BoFo Fwd
 7. X BoFo (Shadow)
 8. Travel BoFo Bkd
 9. BoFo Prom & PP
 10. X Volta
 11. Spot Solo Volta
 12. Foot Change (a/b/c/d)
 13. Shadow Travelling Volta L & R
 14. Rev. Turn, 15. Corta Jaca, 16. Closed Rocks
- Foot Ch. 1 (Lady Spot Volta 1/2 L \mathcal{O} $L_{xf}R_{sb}L_{xf}$)
- Foot Ch. 2 (Lady Spot Volta 3/4 R \mathcal{O} $R_{xf}L_{sb}R_{xf}$)
- Foot Ch. 3 (Lady 1.2 of Spot Volta 1.25 R \mathcal{O} $R_{xf}L_{sb}+R_{sfw}$)
- Foot Ch. 4 (Lady 1.2 of Spot Volta 1 R \mathcal{O} $R_{xf}L_{sb}+R_{fwp}$)

Notes

- Column 1 - Step
- Column 2 - Figure Name
- Column 3 - Number associated with the Figure Name (R for Repeat)
- Column 4 - Commencing Alignment ($\sqrt{\quad}$ DW, \surd DC, \sloperight DC ALOD, \nearrow DW ALOD)
- Column 5 - Ending Alignment
- Column 6 - Count
- Column 7 - Foot Position