

Cha Cha - 4/4, 30~32 bpm - Solo Sequence

1.1 Closed Basic	1c	L _f R L _S R _C L _S -R _b L R _S L _C R _S
1.2 New York To LSP & RSP	2	L _f R L _S R _C L _S -R _f L R _S L _C R _S
1.3 Spot Turn To R & L	3	L _f R L _S R _C L _S -R _f L R _S L _C R _S
1.4 Hand 2 Hand RSP & LSP	5	L _b R L _S R _C L _S -R _b L R _S L _C R _S
1.5 Closed Basic	1cR	L _f R L _S R _C L _S -R _b L R _S L _C R _S

2.1 L & R Shoulder 2 Sho.	4	L _f R L _S R _C L _S -R _f L R _S L _C R _S
2.2 LF Time Steps(Guapacha)	9	L _b X _R L _S R _C L _S (Hold 2, L _b X a, R 3)
2.3 L Side Steps (Lady LF)	7	R _C L _S R _C L _S R _C - L _S R _C L _S R _C L _S
2.4 RF Time Steps(Guapacha)	9	R _b X _L R _S L _C R _S (Hold 2, R _b X a, L 3)
2.5 R Side Steps (Lady RF)	7	L _C R _S L _C R _S L _C - R _S L _C R _S L _C R _S
2.6 There & Back	8	L _C R L _b R _b L _b -R _b L R _f L _f R _f
2.7 Closed Basic In Place	1p	L _C R LRL-R _C L RLR

3.1 Ronde Chasse		L _f R L _r bX _R R _f S _L S
3.2 Twist Chasse (1/4 L, 1/4 R)		R _b L R _f L _C R _S
3.3 Slip Chasse		L _f R L _b R _b fL _C f
3.4 4-8 Closed Basic		R _b L R _S L _C R _S
3.5 Runaway Chasse (1/8 L, 1/2R)		L _f R L _f R _f L _b S
3.5 4-8 Closed Basic		R _b L R _S L _C R _S

4.1 Goto 1.1		

Rumba - 4/4, 25~27 bpm - Solo Sequence

1.1 Closed Basic	1c	L _f RL _S -R _b LR _S
1.2 New York To LSP & RSP	3	L _f RL _S -R _f LR _S
1.3 Spot Turn To R & L	4	L _f RL _f -R _f LR _f
1.4 Hand 2 Hand RSP & LSP	6	L _b RL _S -R _b LR _S
1.5 LF & RF Alt Close Basic 1a		L _C RL _S -R _C LR _S

2.1 L & R Shoulder 2 Sho.	5	L _f RL _S -R _f LR _S
2.2 L & R Cuban Rock	9	LRL-RLR
2.3 L Side Steps	8	L _S R _C L _S -R _C L _S R _C (Brush LF 2 R)
2.4 L Curcaraches	2	L _S RL _C
2.5 R Side Steps	8	R _S L _C R _S -L _C R _S L _C
2.6 R Curcaraches	2	R _S LR _C
2.7 Closed Basic In Place	1p	L _C RL-R _C LR

3.1 Goto 1.1		

Paso Doble - 2/4, 60~62 bpm - Solo Sequence

1.1 Chasse to L (Lady to R) (1 Down 1 Up)	3L	^ ^	1234	R _a L _s R _c L _s
1.2 Close RF + 3 Sur Place	1	^ ^	5678	R _c -LRL

2.1 Ecart (Fallaway Whisk)	8	^ ↖	1234	R _a L _f R _{sb} fallL _b fall
2.2 Prom. Close + 2 Sur Place	6c	↖ <	5678	R _{fp} L _c RL

3.1 Deplacement	5	< v	1234	R _f L _f R _s L _c
3.2 4 Sur Place 1/4R	1R	v <	5678	RLRL

4.1 Separation	9	< <	1-8	R _a L _f R _c L-RLRL
4.2 4 Sur Place 1/4R	1R	< ^	1234	RLRL

5.1 Promenade	7	^ v	1-8	R _a L _{sp} R _{fp} L _{sb} -R _b L _b R _s L _c

6.1 Basic Move 1/2R	2	v ^	1-8	RLRLRLRL
6.2 Drag	4	^ ^	1234	R _s LLL _{cw}

7.1 Goto 1.1				

Jive - 4/4, 42~44 bpm - Solo Sequence

1.1 Fallaway Rock	2	^ c ^ c	LfallR-L _S R _C L _S -R _S L _C R _S
1.2 Basic in Place	1	^ c ^ c	L _C R-L _S R _C L _S -R _S L _C R _S
1.3 Change of Place R to L	5	^ c < o	LfallR-L _f R _C L _f -R _S L _C R _S
1.4 Change of Place L to R	6	< o ^ o	L _b R-LRL-R _f L _C R _f
1.5 Change of Hands Behind	7	^ o v o	L _b R-L _f R _C L _f -R _t L _t R _t
1.6 Change of Hands Behind	7R	v o ^ o	L _b R-L _f R _C L _f -R _t L _t R _t

2.1 Link	4	^ o ^ c	L _b R-L _f RL _f -R _S L _C R _S
2.2 Fallaway Throwaway	3	^ c < o	LfallR-L _f R _C L _f -R _f L _C R _f
2.3 Hip Bump	8	< o < o	L _b R-L _f RL _f -R _S L _C R _S
2.4 Change of Place L to R	6R	< o ^ o	L _b R-LRL-R _f L _C R _f

3.1 Link	4R	^ o ^ c	L _b R-L _f RL _f -R _S L _C R _S
3.2 Goto 1.1			

Samba - 2/4, 48~50 bpm (60 for Comp)- Solo Sequence

1.1 Rhythm Bounce Here	4	↖	↖	1a2-1a2	LRL-RLR
1.2 Side Basic	1c	↖	↖	1a2-1a2	L _S R _C L-R _S L _C R

1.3 1-3 Rev. Basic	1b	↖	↖	1a2	L _f R _C L
1.4 Progressive Basic	1d	↖	↖	1a2-1a2	R _f L _C R-L _S R _C L
1.5 Nat. Basic 1/8 R	1a	↖	^	1a2-1a2	R _f L _C R-L _b R _C L

1.6 R Whisk	2b	^	^	1a2	R _S L _x bR
1.7 LF Walk in PP	3a	<	<	1a2	L _f p ^R b _p L _b p
1.8 Side Walk (End Open PP)	3c	<	↖	1a2	R _f L _S bR

1.9 Cris X Bo Fo (Shadow)	7	↖	↖	1a2-1a2	L _f R _S L-R _f L _S R
1.10 Volta 2 R (Travel-Turn)	5a	↖	↖	1a2a1a2	L _f x _R S _b LRLRL
1.11 Volta 2 L (Travel-Turn)	5a	↖	↖	1a2a1a2	R _f x _L S _b RLRLR
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2.1 Goto 1.1					

Notes

Column 1 - Step

Column 2 - Figure Name

Column 3 - Number associated with the Figure Name (R for Repeat)

Column 4 - Commencing Alignment (↖ DW, ↙ DC, ↘ DC ALOD, ↗ DW ALOD)

Column 5 - Ending Alignment

Column 6 - Count

Column 7 - Foot Position