

**Cha Cha - 4/4, 30~32 bpm -
Figures**

Level 0

- 1 Basics (Closed, Open & In Place)
- 2 New York To LSP & RSP
- 3 Spot Turn To R & L
- 4 L & R Shoulder 2 Sho.
- 5 Hand 2 Hand RSP & LSP
- 6 3 Cha Cha Fwd & Bk Walks
- 7 L (Lady LF) & R (Lady RF) Side Steps
- 8 There & Back
- 9 LF & RF Time Steps (Guapacha)

Level 1

- 10 Fan
- 11 Alemana (Lady Spot T)
- 12 Hockey Stick
- 13 Nat. Top
- 14 Nat. Open Out Movement
- 15 Closed Hip Twist

Level 2

- 16 Open Hip Twist
- 17 Rev. Top
- 18 Open Out from Rev. Top (Fan End)
- 19 Aida (LSP Fallaway)
- 20 Curl (Fan End), Rope Spin (Closed End), Spiral (Fan End)
- 21 Cross Basic
- 22 LF & RF Cuban Breaks
- 23 Chase (Open End)

Level 3

- 24 Adv. Hip Twist (End Fan)
- 25 Hip Twist Spiral (Op CPP)
- 26 Turkish Towel (End Open)
- 27 Sweetheart
- 28 Follow My Leader
- 29 Foot Changes

**Rumba - 4/4, 25~27 bpm -
Figures**

clee

Level 0

- 1 Basics (Alt. & Closed, Open & In Place)
- 2 LF & RF Curcaraches
- 3 New York To LSP & RSP
- 4 Spot Turn To R & L
- 5 L & R Shoulder 2 Sho.
- 6 Hand 2 Hand RSP & LSP
- 7 6 Prog. Fwd & 6 Prog. Bk Walks
- 8 L (Lady LF) & R (Lady RF) Side Steps
- 9 L & R Cuban Rocks

Level 1

- 10 Fan
- 11 Alemana (Lady Spot T)
- 12 Hockey Stick
- 13 Nat. Top
- 14 Opening Out To R & L
- 15 Nat. Open Out Movement
- 16 Closed Hip Twist

Level 2

- 17 Open Hip Twist
- 18 Rev. Top
- 19 Open Out from Rev. Top
- 20 Aida (LSP Fallaway)
- 21 Curl (Fan End), Rope Spin (Closed End), Spiral (Fan End)

Level 3

- 22 Sliding Door
- 23 Fencing (End Open CPP)
- 24 Three Threes
- 25 Three Alemanas (End Cl.)
- 26 Adv. Hip Twist (Also Circular & Continuous)

**Paso Doble - 2/4, 60~62 bpm -
Figures**

Level 0

- 1 Sur Place
- 2 Basic Movement
- 3 Chasses to L & R
(2 Down 2 Up)
- 4 Drag
- 5 Displacement (Also Attack)
- 6 Prom. Link (Also Prom.
Closed)
- 7 Promenade
- 8 Ecart (Fallaway Whisk)
- 9 Separation
- 10 Separation + Lady Cape
Walks

Level 1

- 11 Fallaway - End to
Separation
- 12 Huit
- 13 Sixteen
- 14 Prom. & Counter Prom.
- 15 Grand Circle
- 16 Open Telemark (Slip)

Level 2

- 17 La Passe
- 18 Banderillas
- 19 Twist Turn
- 20 Fallaway Rev. Turn
(Slip)
- 21 Coup de Pique
- 22 LF Variation
- 23 Spanish Lines in IPP/ CIPP
- 24 Flamenco Taps in IPP/CIPP

Level 3

- 25 Syn. Sep. (End Untwist)
- 26 Tra. Spins from PP (PP End)
- 27 Travel Spins from CPP
- 28 Fregolina (Also Farol)
- 29 Twists
- 30 Chasse Cape (Sp Line ICPP)

**Jive - 4/4, 42~44 bpm -
Figures**

clee

Level 0

- 1 Basic in Place
- 2 Fallaway Rock
- 3 Fallaway Throwaway
- 4 Link
- 5 Change of Place R to L
- 6 Change of Place L to R
- 7 Change of Hands Behind Back
- 8 Hip Bump (Left Sho. Shove)

Level 1

- 9 American Spin
- 10 L & R Walks
- 11 Stop & Go
- 12 Mooch (L & R Flicks)
- 13 Whip (End in Fallaway)
- 14 Whip Throwaway (End Open)

Level 2

- 15 Rev. Whip
- 16 Windmill (End D'ble Hold)
- 17 Spanish Arms
- 18 Rolling Off the Arm
- 19 Simple Spin (Lady to R)
- 20 Miami Special (End LSP)

Level 3

- 21 Curly Whip
- 22 Shoulder Spin
- 23 Toe Heel Swivels
- 24 Chugging
- 25 Chicken Walks (QQQQ)
- 26 Catapult
- 27 Stalking Walks, Flicks &
Break

Samba - 2/4, 48~50 bpm (60 for Comp)- Figures**Level 0**

- 1 Basics (Nat., Rev., Side & Progressive)
- 2 L & R Whisks (Also with Lady's L & R Underarm Turn)
- 3 LF & RF Walks (Prom., Side & Stationary)
- 4 Rhythm Bounce
- 5 Travelling Volta to L & R
- 6 Travel BoFo Fwd
- 7 Criss X BoFo (Shadow)

Level 1

- 8 Travel BoFo Bk
- 9 BoFo to Prom. & Counter PP
- 10 Criss X Volta
- 11 Solo Spot Volta L & R
- 12 Foot Changes (a/b/c/d)
- 13 Shadow Travelling Volta L & R
- 14 Rev. Turn
- 15 Corta Jaca
- 16 Closed Rocks

Level 2

- 17 Open Rocks
- 18 Back Rocks
- 19 Plait
- 20 Rolling off the Arm
- 21 Arg. Crosses
- 22 Maypole
- 23 Shadow Circular Volta

Level 3

- 24 LF & RF Contra Bota Fogo
- 25 Roundabout to L & R
- 26 Nat. Roll
- 27 Rev. Roll
- 28 Prom. & Counter Prom. Runs
- 29 3 Step Turn
- 30 Locks
- 31 Cruz. Walks & Locks